







By the 1630s Neapolitans were known across Italy as macaroni-eaters and they had begun to export the product. Macaroni became the symbol of Naples, and the word used to describe affected, camply-dressed Grand Tourists when they returned to Britain.

TO THE HOT SOUTH AND NAPLES, VESUVIUS, HERCULANEUM AND SEX AT POMPEIL

Learning to make macaroni in the traditional way.







